

# ANNA FROST

**Height:** 5'7" | **Hair:** Blonde | **Eyes:** Blue

**Email:** annafrost.actor@gmail.com | **Location:** NY-based

## THEATRE

<i>R.U.R.</i>	Damon	Post Theatre Company (PtC)
<i>Love at First Folio</i>	Juliet and Lady Percy	PtC Shakespeare Track
<i>A Servant of Two Masters</i>	Clarice	ESTA at LIU Post
<i>The Lightning Thief</i>	Sally Jackson	Kings Park High School
<i>Vampire Valedictorian</i>	Darlene	Kings Park High School
<i>Songs for A New World</i>	Soloist	Kings Park High School
<i>Comedy Bits and Pieces</i>	Ellen DeGeneres	Kings Park High School
<i>Seussical</i>	Ensemble	Kings Park High School
<i>Godspell</i>	Ensemble	Kings Park High School
<i>Our Town</i>	Sam Craig and Emily Webb u/s	Kings Park High School
<i>The Music Man</i>	Children's Ensemble	John W. Engeman Theater

## TRAINING

Long Island University	Shakespeare Training	Dr. Valerie Clayman Pye
	Meisner	Chris Donovan
	Suzuki	Tina Mitchell
	Acting for TV/Film	Robbie Tann
	Studio Voice Lessons	Lauren Barchi
	Stage Combat	Eugene Solfanelli
	Beginning Movement	Nancy Brier

## EDUCATION

Bachelor of Fine Arts in Theatre Arts (Acting) from Long Island University, May 2026  
Bachelor of Arts in English (Writing) from Long Island University, May 2026

## SPECIAL SKILLS

Singing (G3-F5); dramaturgy; playwriting; elementary proficiency in Spanish, pass in unarmed stage combat by the SAFD 2025; FOH and box office experience; basic ability in swimming, biking, kayaking, hulu hooping, ice skating, and roller blading.