

ANNA FROST

Height: 5'7" | **Hair:** Blonde | **Eyes:** Blue

Email: annafrost.actor@gmail.com | **Location:** NY-based

THEATRE

<i>R.U.R.</i>	Damon	Post Theatre Company (PtC)
<i>Love at First Folio</i>	Juliet and Lady Percy	PtC Shakespeare Track
<i>A Servant of Two Masters</i>	Clarice	ESTA at LIU Post
<i>The Lightning Thief</i>	Sally Jackson	Kings Park High School
<i>Vampire Valedictorian</i>	Darlene	Kings Park High School
<i>Songs for A New World</i>	Soloist	Kings Park High School
<i>Comedy Bits and Pieces</i>	Ellen DeGeneres	Kings Park High School
<i>Seussical</i>	Ensemble	Kings Park High School
<i>Godspell</i>	Ensemble	Kings Park High School
<i>Our Town</i>	Sam Craig and Emily Webb u/s	Kings Park High School
<i>The Music Man</i>	Children's Ensemble	John W. Engeman Theater

TRAINING

Long Island University	Shakespeare Training	Dr. Valerie Clayman Pye
	Meisner	Chris Donovan
	Suzuki	Tina Mitchell
	Acting for TV/Film	Robbie Tann
	Studio Voice Lessons	Lauren Barchi
	Stage Combat	Eugene Solfanelli
	Beginning Movement	Nancy Brier

EDUCATION

Bachelor of Fine Arts in Theatre Arts (Acting) from Long Island University, May 2026

Bachelor of Arts in English (Writing) from Long Island University, May 2026

SPECIAL SKILLS

Singing (G3-F5); dramaturgy; playwriting; elementary proficiency in Spanish, pass in unarmed stage combat by the SAFFD 2025; FOH and box office experience; basic ability in swimming, biking, kayaking, hula hooping, ice skating, and roller blading.