



ANNA FROST

Non-Union

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Height: 5'7"

Hair: Blonde | **Eyes:** Blue

Vocal Range: Mezzo-Soprano (E3-A5, A4 Belt)

THEATRE

LOVE AT FIRST FOLIO	Juliet/Lady Percy	LIU Post/dir. <i>Megan McMurray</i>
R.U.R.	Damon	LIU Post/dir. <i>Edward O'Blenis</i>
A SERVANT OF TWO MASTERS	Clarice	ESTA at LIU Post/dir. <i>Mike Jubak Jr.</i>
OUR TOWN	Sam Craig/Emily Webb U/S	Kings Park High School/dir. <i>Stephanie Turner</i>
THE MUSIC MAN	Children's Ensemble	John W. Engeman Theater/dir. <i>Igor Goldin</i>
THE LIGHTNING THIEF	Sally Jackson	Kings Park High School/dir. <i>Ryan Flatt</i>
SONGS FOR A NEW WORLD	Featured Soloist	Kings Park High School/dir. <i>Ryan Flatt</i>
COMEDY BITS AND PIECES	Ellen DeGeneres	Kings Park High School/dir. <i>Robin Paola</i>
SEUSSICAL	Ensemble	Kings Park High School/dir. <i>Ryan Flatt</i>

EDUCATION/TRAINING

Long Island University Post - BFA in Theatre Arts (Acting) and BA in English (Writing) - May 2026

ACTING: Dr. Valerie Clayman Pye (*Shakespeare*), Eric Jordan Young, David Hugo (*Stanislavsky*), Leon Ingulsrud (*Viewpoints*), Tina Mitchell (*Suzuki*), Chris Donovan (*Meisner*), Robbie Tann (*TV/Film*), Sara Buffamanti (*Linklater*)

Teaching Assistant for the Shakespeare Track at LIU Post under Dr. Valerie Clayman Pye

VOICE: Lauren Barchi, Nicki Winzelberg, Naomi Pierro

STAGE COMBAT: Eugene Solfanelli, McKey Carpenter

DANCE: Michelle O'Steen (*Beginning Tap*), Nancy Brier (*Beginning Jazz*)

The Linklater Center for Voice and Language - Voice, Body, Shakespeare - June 1st-5th 2026

Benjamin Moore, Andrea Haring, Merry Conway, Daniella Varon

SPECIAL SKILLS

Choral Singing, A Capella Experience, Dialects (Southern American, RP), Spanish Language (Adv. Beginner), Pass in Unarmed Stage Combat by the SAFD (2025), Sight-Singing (Basic), Biking (Basic), Kayaking (Basic), Ice Skating (Basic), Roller Blading (Basic), & Swimming (Basic); Dramaturgy (Adv.); Playwriting (Adv.); Directing (Int.), Box Office (Archtics Ticketing System), FOH Experience, U.S. Passport, NY Local Hire

